

ATLS Course - Meal / Break Plan

Friday

time	agenda	room	notes
6:45 7:00 - 7:30 am	access to building for setup continental breakfast ▸ 36 staff/students		▸ coffee & hot water for tea ▸ cereal and milk ▸ pastries ▸ yogurt ▸ fruits
7:30 - 9:00	class		
9:00 - 9:15	break ▸ 36 staff/students		refresh coffee / tea / pastries
9:15 - 11:35	class		
11:35 - 12:15	lunch ▸ 36 staff/students		
12:15 - 5:15	Skill stations		
2:00	break ▸ 36 staff/students		• coffee / pop • cookies or bars

Saturday

6:45 am 6:30-7:00 am	access to building for setup continental breakfast ▸ 36 staff/students		▸ coffee & hot water for tea ▸ cereal and milk ▸ pastries ▸ yogurt ▸ fruits
7:00 - 9:15	class		
8:45 - 9:00	break ▸ 36 staff/students		refresh coffee / tea / pastries
9:00 - 12:10	class		
11:45 - 12:10 12:10 - 12:40	- lunch (some staff eat early) - lunch for everybody else ▸ 40 staff (note: 4 additional staff)		
12:40 - 6:00	class & cleanup		
2:30	break ▸ 40 staff/students		▸ coffee / pop ▸ cookies or bars